

# DELTA PICKLEBALL SKILL LEVELS

The simple "Yes or No" way to figure out your skill level

**Yes** = Yes to five or more statements

**No** = No to two or more statements

- I know the correct positioning as the serve and return team
- I can keep the ball in play in short rallies using forehand and backhand strokes
- I am beginning to approach the non-volley zone to hit volleys and dinks
- I am aware of the soft game
- I can keep the score and my knowledge of the rules has improved
- My court coverage is weak but is improving

No

Yes

Newbie

2.0

- \* I have the basic rules down 100%
- \* I am more consistent on the serve and service return with medium paced balls
- \* I am working on getting my dinking strokes shallower and lower
- \* I am attempting lobs and dinks but am not that successful yet
- \* My shot strokes and placement have improved but I still lack control over depth
- \* I approach the non volley line quickly rather than staying back

No

Yes

Beginner

2.5

- My serves and return of serves are often deep and 80% of them are in
- I am able to execute a 3rd shot drop shot in order to approach the net
- I am quick, mobile and have directional control on most medium-paced balls
- I am beginning to anticipate my opponents' shots
- I hit the ball lower over the net consistently
- I actively work with my partner with correct court positioning

No

Yes

Novice

3.0

- I can often anticipate my opponents' shots
- I often finish the point when my partner gives me an opening
- I am usually consistent with my drop shots and dink shots
- I almost always play at the non-volley or kitchen line
- I use consistent, dependable strokes including directional control and depth
- I try to be patient and wait for the opening

No

Yes

Intermediate

3.5

- I can consistently convert a hard shot to a soft shot (reset)
- I am almost always patient and wait for the opening
- I consistently use power and finesse to my advantage
- I rarely make unforced errors
- I can easily sustain a rally of 40 or more shots
- I consistently execute successful 3rd shot drop shots

No

Yes

Advanced

4.0

4.5

5.0

Expert