



# Delta Pickleball Association Return To Sport COVID-19 Safety Plan

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**COVID-19 best practices need to be embraced. All pickleball players have a responsibility to limit their own circle of contact. The Delta Pickleball Association (DPA) has the responsibility to provide a safe playing environment and keep the court/player history for use of a contact tracing if the need arises.**

## **OUR BEST PRACTICES**

### **THE DO NOT'S**

Do not play if you or your playing partner:

- Exhibit any COVID-19 virus symptoms, such as a fever, cough, difficulty breathing, or other symptoms identified by health experts.
- Have been in contact with someone with COVID-19 in the last 14 days.
- Are considered vulnerable or at risk (elderly individuals, immunosuppressed persons, individuals suffering from serious health problems, notably high blood pressure, pulmonary diseases, diabetes, obesity and asthma).

Do not arrive early or linger after your allotted court time. 10 minutes or less prior is appropriate.

Do not behave critically of others if a comfort level is not yet reached and a reluctance to play doubles is expressed. Every person's health and safety concerns are different and should be respected. Health and safety is of primary concern.

Do not participate in paddle taps at the end of the game. Do acknowledge opponents at the end of game.

Do not play in large groups. Pre-arrange your games. Do not look for pick-up games.

Do not linger in court areas; it's only for transit to your assigned court. Wait for your court time outside of the court area and adhere to the more than 2 meter distance guideline.

### **THE DO'S - HAVE FUN**

Do bring your own container of hand sanitizer and use it frequently. Avoid touching all solid surfaces with your hands, which includes gates, nets, fencing and benches.

Do bring your own water bottle and anything you need for your playing session on to court area with you.

Do sanitize your hands frequently. Wearing a glove on the hand you pick up the ball with, is optional.

Do mark your own pickleball ball, only handle & serve your own pickleball ball and sanitize your pickleball ball frequently. At a minimum, sanitize at the beginning and in between each game.

Do kick or hit back ball with paddle or foot that enters from adjacent court. Do not pick up the ball.

Do pre-book your court time to limit the number of players attending the courts at the same time.

Do play with the same partner when playing doubles. Organize your doubles games within your 'bubble' or 'trusted circle' as your doubles partner. This does not mean you must play exclusively within your 'trusted circle'. It simply means, for health and safety purposes, you will not partner with people from outside your 'trusted circle'. You may play against other 'trusted circles' but they will remain on their side of the net and you remain on yours.

Do play as singles if you do not yet have 'trusted partners' to play doubles, we recommend you continue to play singles to form a 'trusted circle' from single players, if you are comfortable doing so.

Do arrange to play with people who are adhering to good physical distancing and virus protection practices.

Do report to the City of Delta's Parks, Recreation and Culture Department at 604-946-3293 if you become ill with COVID-19 symptoms within 14 days of visiting or playing pickleball at a City of Delta pickleball court location.



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## **THE BOTTOM LINE**

Do not come to play if exhibiting COVID-19 symptoms.

Maintain physical distancing off and on the courts.

Sanitize your pickleball frequently.

Avoid handling a pickleball ball that isn't yours.

Don't linger at the courts.

***RESPECT OTHERS AND THEIR OPPORTUNITY TO STAY HEALTHY WHILE HAVING FUN.***

## **SCHEDULING**

Pre-booking will be done by court number and time slots may be staggered to avoid larger congregations of players. Pre-booking is essential to limit the number of players assembling.